



# Disbursements Typically Not Permitted

Supplemental Security Income (SSI) and other government benefits are received by the beneficiary to cover basic needs such as food and shelter. If the disbursements are made from a special needs trust for basic needs, a beneficiary may lose all or part of his/her government benefits.

***The following is a list of disbursements typically not permitted for SSI Recipients:***

- Food or groceries
- Rent or mortgage payments
- Property taxes
- Heating fuel (gas, oil)
- Electricity
- Water
- Sewer
- Garbage collections service

*Note: In certain emergency situations, payment of rent, utilities, property taxes or other annual shelter costs may be requested. Arcare, Inc. reviews each request considering individual situations and impact on preservation of benefits.*

***The following is a list of items that are strictly prohibited:***

- Cash given directly to the beneficiary for any purpose
- Payday and title loans
- Alcohol
- Firearms
- Fireworks
- Pawn shop purchases
- Casino/gambling money
- Gifts\*

\* Some third-party trusts allow the purchase of gifts.